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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Monday, August 4, 2025

How to Open the Third Eye

How to Open the Third Eye?

I recommend listening to 852 hz by Power Thoughts Meditation Club on YouTube, and while listening, close your physical eyes and while your physical eyes are closed- try to look around and see and try to see your Soul. Intend- "Soul I am looking for you, show me where you are. This is my free will request."

The 852 hz removes densities that block the third eye and the looking around from within builds the antahkarana bridge of light creative thread link from your human personality to your Soul. Then as your Soul notices you looking from within, you may feel pressure in the brow between the physical eyes, this is the third eye opening.

Meditation and sound opens the third eye. Also you can receive Reiki attunements and healing to energetically increase chakra vibrations. The chakras are found in the etheric body which can be developed using meditation, free will and Soul alignment, and frequency.

Blessings,

Chris

- August 04, 2025

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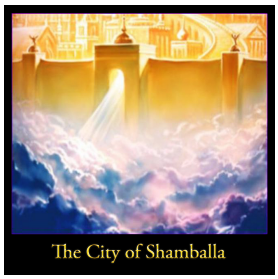

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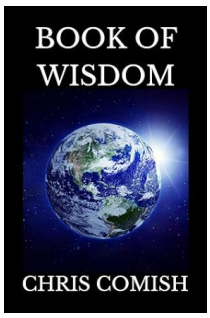

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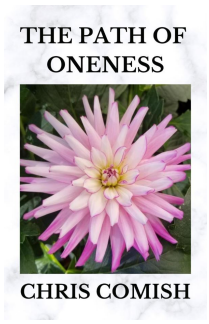

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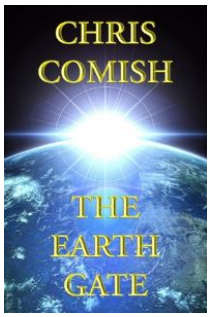

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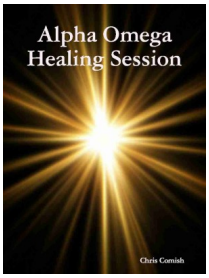

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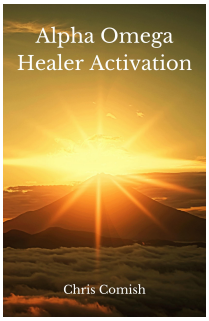

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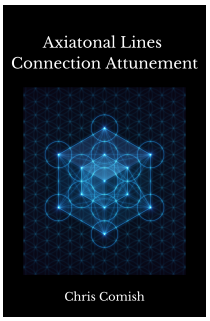

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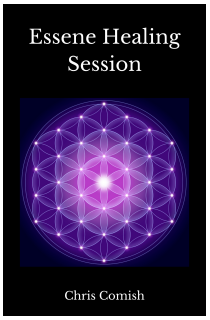

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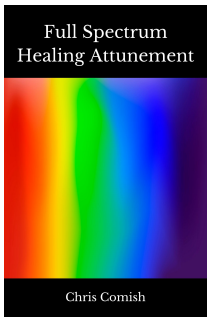

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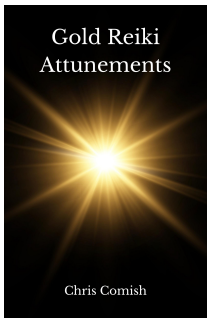

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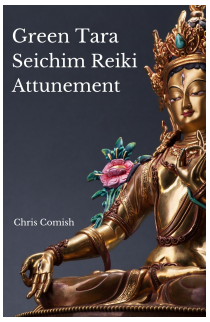

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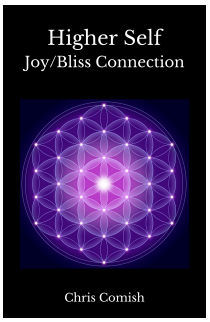

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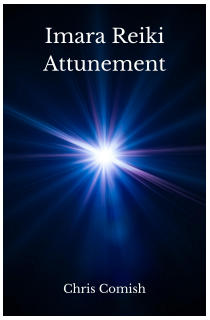

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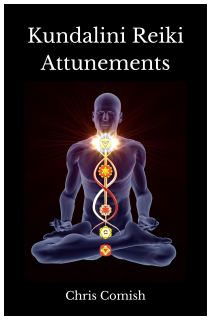

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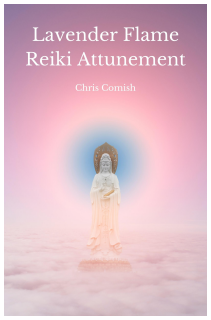

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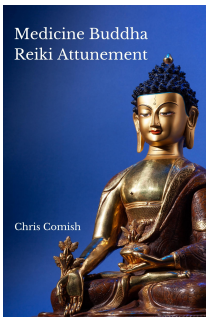

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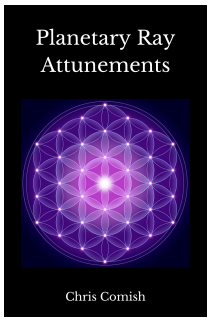

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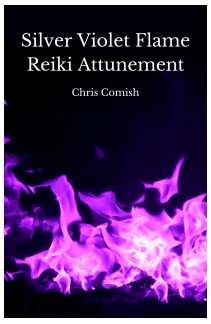

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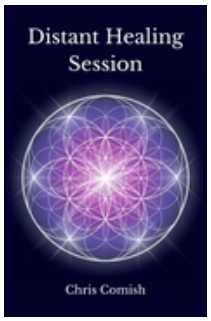

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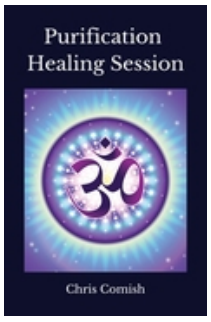

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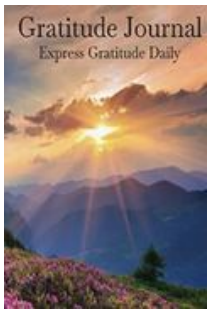

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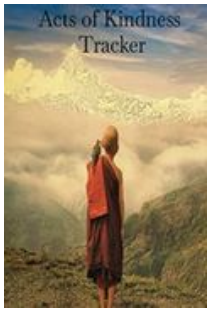

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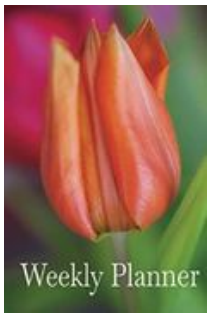

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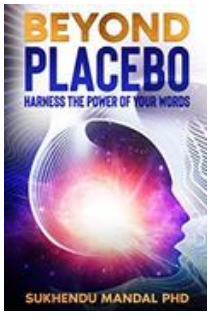

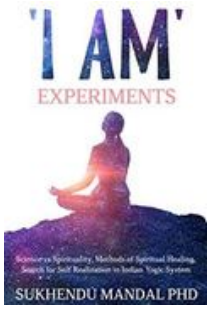

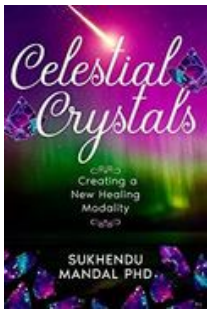

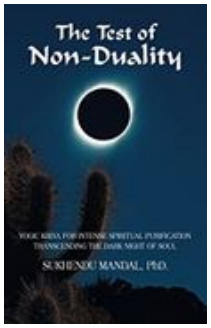

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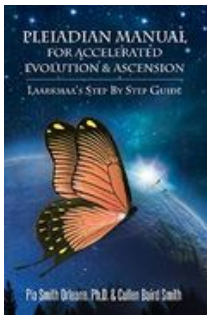

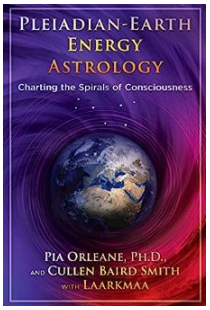
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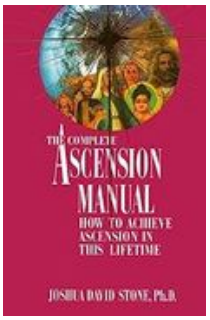
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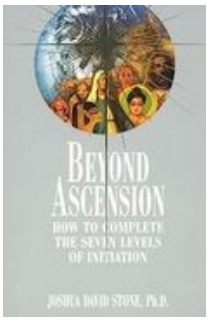
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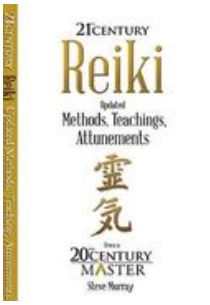
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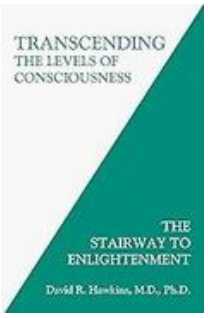
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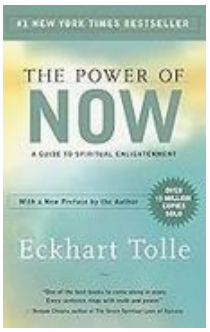
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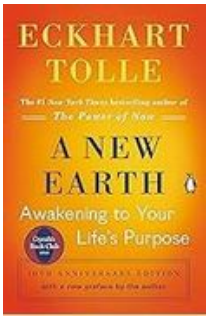
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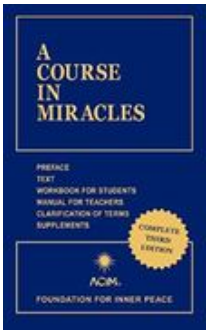
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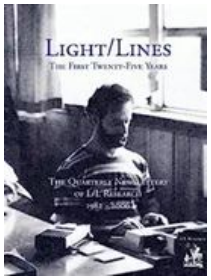
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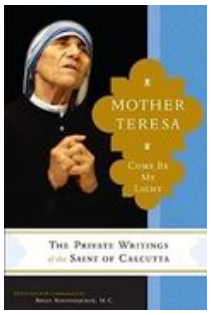
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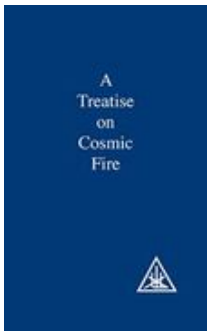
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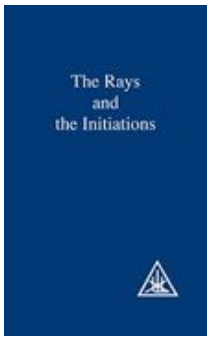
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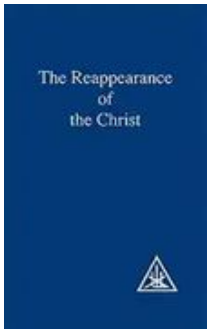
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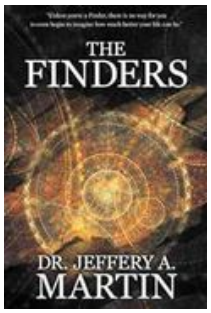
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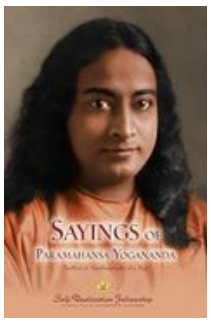
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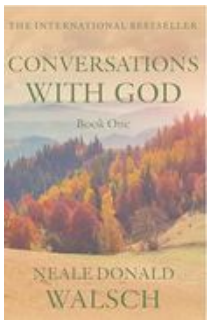
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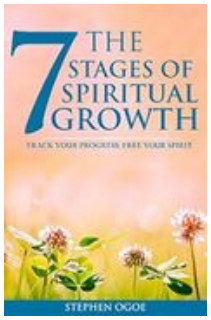
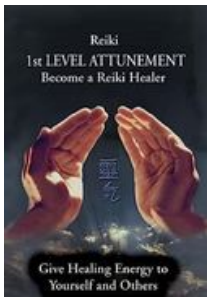
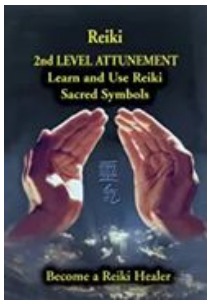
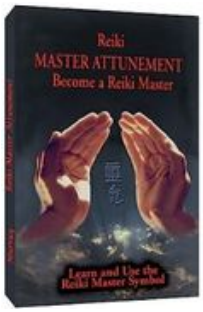
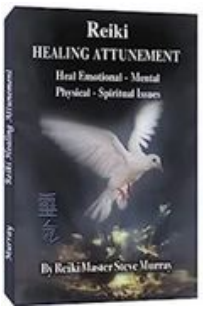


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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- Solstice Transmission with Anrita Melchizedek
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